

Internationales Oktober-Meeting  
Allschwil, 24. - 25.10.2009

Wettkampf 2  
24.10.2009 - 10:00

Damen, 400m Freistil

allg. Kategorie  
Rangliste

Punkte: FINA 2008

Rang			Jg.			Zeit	Pkt.	
<b>12 Jahre und jünger</b>								
1.	FORDYCE, Alie		97	Schwimmclub Bottmingen-Oberwil		<b>5:03.64</b>	493	
	50m:	33.56 33.56	150m:	1:48.76 38.23	250m:	3:06.32 38.81	350m:	4:25.37 39.61
	100m:	1:10.53 36.97	200m:	2:27.51 38.75	300m:	3:45.76 39.44	400m:	5:03.64 38.27
2.	HALDEMANN, Maria- Inés		97	Biel		<b>5:09.06</b>	468	
	50m:	35.00 35.00	150m:	1:53.50 39.33	250m:	3:12.31 39.75	350m:	4:32.00 39.78
	100m:	1:14.17 39.17	200m:	2:32.56 39.06	300m:	3:52.22 39.91	400m:	5:09.06 37.06
3.	REICH, Jill Vivian		98	SVB		<b>5:16.12</b>	437	
	50m:	34.76 34.76	150m:	1:53.22 40.49	250m:	3:14.74 40.80	350m:	4:36.97 41.62
	100m:	1:12.73 37.97	200m:	2:33.94 40.72	300m:	3:55.35 40.61	400m:	5:16.12 39.15
4.	DASILVA, Zoë		97	Schwimmklub Langenthal		<b>5:27.10</b>	394	
	50m:	35.04 35.04	150m:	1:56.49 41.64	250m:	3:22.35 43.89	350m:	4:47.06 42.99
	100m:	1:14.85 39.81	200m:	2:38.46 41.97	300m:	4:04.07 41.72	400m:	5:27.10 40.04
5.	ANTENAT, Laetitia		97	DSL		<b>5:27.63</b>	392	
	50m:	36.18 36.18	150m:	1:59.25 42.14	250m:	3:22.77 41.31	350m:	4:47.13 42.15
	100m:	1:17.11 40.93	200m:	2:41.46 42.21	300m:	4:04.98 42.21	400m:	5:27.63 40.50
6.	MURER, Cécile		97	Sceg		<b>5:32.60</b>	375	
	50m:	36.23 36.23	150m:	2:00.75 42.92	250m:	3:27.02 42.70	350m:	4:53.01 43.19
	100m:	1:17.83 41.60	200m:	2:44.32 43.57	300m:	4:09.82 42.80	400m:	5:32.60 39.59
7.	WAGMANN, Mirjam		97	Sceg		<b>5:39.54</b>	353	
	50m:	36.77 36.77	150m:	2:01.10 42.93	250m:	3:29.13 44.48	350m:	4:58.03 44.88
	100m:	1:18.17 41.40	200m:	2:44.65 43.55	300m:	4:13.15 44.02	400m:	5:39.54 41.51
8.	JONOT, Lucie		97	DSL		<b>5:41.26</b>	347	
	50m:	38.73 38.73	150m:	2:05.32 44.11	250m:	3:32.96 44.39	350m:	4:59.62 42.97
	100m:	1:21.21 42.48	200m:	2:48.57 43.25	300m:	4:16.65 43.69	400m:	5:41.26 41.64
9.	FISHWICK, Keri		97	Schwimmclub Bottmingen-Oberwil		<b>5:50.42</b>	321	
	50m:	37.82 37.82	150m:	2:07.24 45.40	250m:		350m:	5:07.91 46.10
	100m:	1:21.84 44.02	200m:	2:51.68 44.44	300m:	4:21.81	400m:	5:50.42 42.51
10.	LAVIERI, Valeria		98	Svbs		<b>5:50.50</b>	321	
	50m:	38.86 38.86	150m:	2:09.40 46.08	250m:	3:40.92 46.08	350m:	5:09.93 43.73
	100m:	1:23.32 44.46	200m:	2:54.84 45.44	300m:	4:26.20 45.28	400m:	5:50.50 40.57
11.	SACCHETTI, Citlalli		98	Svbs		<b>5:55.57</b>	307	
	50m:	38.91 38.91	150m:	2:08.17 45.46	250m:	3:39.12 45.79	350m:	5:13.41 47.22
	100m:	1:22.71 43.80	200m:	2:53.33 45.16	300m:	4:26.19 47.07	400m:	5:55.57 42.16
12.	KÜNZLER, Sarina		98	SVB		<b>6:01.91</b>	291	
	50m:	41.26 41.26	150m:	2:14.50 45.99	250m:	3:48.71 47.48	350m:	5:22.52 47.01
	100m:	1:28.51 47.25	200m:	3:01.23 46.73	300m:	4:35.51 46.80	400m:	6:01.91 39.39
13.	BOCHSLER, Noemi		97	All		<b>6:24.35</b>	243	
	50m:	39.78 39.78	150m:	2:17.33 50.38	250m:	3:58.40 49.50	350m:	5:38.89 49.91
	100m:	1:26.95 47.17	200m:	3:08.90 51.57	300m:	4:48.98 50.58	400m:	6:24.35 45.46
13.	GMÜR, Melissa		97	WSC Delfin		<b>6:24.35</b>	243	
	50m:	40.35 40.35	150m:	2:17.51 49.64	250m:	3:59.89 51.19	350m:	5:39.96 50.30
	100m:	1:27.87 47.52	200m:	3:08.70 51.19	300m:	4:49.66 49.77	400m:	6:24.35 44.39
disq.	TUNJIC, Tihana		97	SVB				
	<i>202 - Ins Wasser fallen vor dem Startkommando</i>							

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Wettkampf 2, Damen, 400m Freistil

13 - 16 Jahre

1.	LÖFFLER, Véronique	93	Schwimmklub Langenthal	<b>4:29.09</b>	708
	50m: 31.02 31.02	150m: 1:38.51 34.06	250m: 2:47.12 34.30	350m: 3:55.94 34.69	
	100m: 1:04.45 33.43	200m: 2:12.82 34.31	300m: 3:21.25 34.13	400m: 4:29.09 33.15	
2.	WÜTHRICH, Rachel	95	Schwimmklub Worb	<b>4:38.23</b>	641
	50m: 31.86 31.86	150m: 1:42.41 35.36	250m: 2:53.50 35.63	350m: 4:05.08 36.10	
	100m: 1:07.05 35.19	200m: 2:17.87 35.46	300m: 3:28.98 35.48	400m: 4:38.23 33.15	
3.	BÄRENFALLER, Julia	94	Skbe	<b>4:39.41</b>	633
	50m: 31.61 31.61	150m: 1:40.43 35.11	250m: 2:52.36 36.06	350m: 4:04.49 36.22	
	100m: 1:05.32 33.71	200m: 2:16.30 35.87	300m: 3:28.27 35.91	400m: 4:39.41 34.92	
4.	STAUFFER, Carina	94	Schwimmverein Emmen	<b>4:40.57</b>	625
	50m: 32.37 32.37	150m: 1:43.28 35.55	250m: 2:53.98 34.96	350m: 4:05.42 35.59	
	100m: 1:07.73 35.36	200m: 2:19.02 35.74	300m: 3:29.83 35.85	400m: 4:40.57 35.15	
5.	HERI, Laura	93	Schwimmclub Aarefisch	<b>4:46.87</b>	585
	50m: 32.02 32.02	150m: 1:43.92 36.75	250m: 2:57.56 36.77	350m: 4:11.38 36.89	
	100m: 1:07.17 35.15	200m: 2:20.79 36.87	300m: 3:34.49 36.93	400m: 4:46.87 35.49	
6.	SCHWERZMANN, Fabienne	95	Schwimmclub Aarefisch	<b>4:46.88</b>	585
	50m: 31.56 31.56	150m: 1:44.33 36.18	250m: 2:56.42 36.00	350m: 4:10.49 37.12	
	100m: 1:08.15 36.59	200m: 2:20.42 36.09	300m: 3:33.37 36.95	400m: 4:46.88 36.39	
7.	WIRZ, Delphine	94	Schwimmclub Liestal	<b>4:51.21</b>	559
	50m: 32.39 32.39	150m: 1:45.27 37.15	250m: 2:59.79 37.12	350m: 4:15.44 37.97	
	100m: 1:08.12 35.73	200m: 2:22.67 37.40	300m: 3:37.47 37.68	400m: 4:51.21 35.77	
8.	BRANKOVIC, Vanesa	96	Schwimmclub Fricktal	<b>4:55.36</b>	536
	50m: 32.17 32.17	150m: 1:45.19 37.57	250m: 3:02.63 38.97	350m: 4:19.46 37.90	
	100m: 1:07.62 35.45	200m: 2:23.66 38.47	300m: 3:41.56 38.93	400m: 4:55.36 35.90	
9.	BOLZLI, Nina	95	Skbe	<b>4:56.51</b>	529
	50m: 33.62 33.62	150m: 1:47.30 37.82	250m: 3:03.12 37.52	350m: 4:19.58 38.59	
	100m: 1:09.48 35.86	200m: 2:25.60 38.30	300m: 3:40.99 37.87	400m: 4:56.51 36.93	
10.	BÜLA, Lucile	93	Vevey-Natation	<b>4:59.89</b>	512
	50m: 32.90 32.90	150m: 1:48.13 38.29	250m: 3:04.54 38.14	350m: 4:22.85 39.61	
	100m: 1:09.84 36.94	200m: 2:26.40 38.27	300m: 3:43.24 38.70	400m: 4:59.89 37.04	
11.	KÜNZLER, Marina	95	SVB	<b>5:00.33</b>	509
	50m: 34.49 34.49	150m: 1:50.81 38.89	250m: 3:08.13 38.77	350m: 4:25.46 38.82	
	100m: 1:11.92 37.43	200m: 2:29.36 38.55	300m: 3:46.64 38.51	400m: 5:00.33 34.87	
12.	PFISTER, Nina	93	Scbu	<b>5:01.19</b>	505
	50m: 32.93 32.93	150m: 1:47.48 38.15	250m: 3:05.11 39.53	350m: 4:23.74 40.00	
	100m: 1:09.33 36.40	200m: 2:25.58 38.10	300m: 3:43.74 38.63	400m: 5:01.19 37.45	
13.	HÄMMERLI, Lilian	96	Skbe	<b>5:01.30</b>	505
	50m: 34.37 34.37	150m: 1:49.57 37.86	250m: 3:05.59 38.29	350m: 4:23.33 38.93	
	100m: 1:11.71 37.34	200m: 2:27.30 37.73	300m: 3:44.40 38.81	400m: 5:01.30 37.97	
14.	LÜTHI, Jasmin	93	Sceg	<b>5:01.64</b>	503
	50m: 31.56 31.56	150m: 1:44.80 37.91	250m: 3:03.44 39.41	350m: 4:24.33 40.73	
	100m: 1:06.89 35.33	200m: 2:24.03 39.23	300m: 3:43.60 40.16	400m: 5:01.64 37.31	
15.	WYSS, Lena	95	Schwimmverein Emmen	<b>5:02.40</b>	499
	50m: 35.03 35.03	150m: 1:51.68 38.90	250m: 3:09.12 38.73	350m: 4:24.87 37.68	
	100m: 1:12.78 37.75	200m: 2:30.39 38.71	300m: 3:47.19 38.07	400m: 5:02.40 37.53	
16.	HIRSCHI, Stephanie	96	Berner Oberland	<b>5:03.46</b>	494
	50m: 33.19 33.19	150m: 1:48.67 38.40	250m: 3:06.13 38.45	350m: 4:25.10 39.87	
	100m: 1:10.27 37.08	200m: 2:27.68 39.01	300m: 3:45.23 39.10	400m: 5:03.46 38.36	
17.	HANDSCHIN, Jasmin	94	Schwimmclub Liestal	<b>5:03.98</b>	491
	50m: 33.16 33.16	150m: 1:48.74 38.63	250m: 3:07.06 39.00	350m: 4:26.40 40.11	
	100m: 1:10.11 36.95	200m: 2:28.06 39.32	300m: 3:46.29 39.23	400m: 5:03.98 37.58	
18.	GISIGER, Lena	94	Svbs	<b>5:04.14</b>	491
	50m: 33.76 33.76	150m: 1:49.31 38.26	250m: 3:07.16 39.03	350m: 4:26.41 39.41	
	100m: 1:11.05 37.29	200m: 2:28.13 38.82	300m: 3:47.00 39.84	400m: 5:04.14 37.73	

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Rang			Jg.					Zeit	Pkt.
19.	GRÄNICHER, Sibylle		95	Schwimmklub Langenthal				<b>5:04.86</b>	487
	50m:	33.25 33.25	150m:	1:49.64	38.60	250m:	3:07.76 39.50	350m:	4:26.27 39.81
	100m:	1:11.04 37.79	200m:	2:28.26	38.62	300m:	3:46.46 38.70	400m:	5:04.86 38.59
20.	HUBER, Silvana		95	Schwimmclub Aarefisch				<b>5:07.27</b>	476
	50m:	34.44 34.44	150m:	1:52.33	39.38	250m:	3:11.01 39.35	350m:	4:29.80 39.30
	100m:	1:12.95 38.51	200m:	2:31.66	39.33	300m:	3:50.50 39.49	400m:	5:07.27 37.47
21.	MURRAY, Melina		94	SVB				<b>5:08.34</b>	471
	50m:	33.97 33.97	150m:	1:50.88	39.27	250m:	3:10.89 40.47	350m:	4:30.94 39.60
	100m:	1:11.61 37.64	200m:	2:30.42	39.54	300m:	3:51.34 40.45	400m:	5:08.34 37.40
22.	ACHERMANN, Kaja		94	Schwimmclub Aarefisch				<b>5:08.40</b>	471
	50m:	31.95 31.95	150m:	1:46.18	38.39	250m:	3:05.99 40.53	350m:	4:28.22 41.00
	100m:	1:07.79 35.84	200m:	2:25.46	39.28	300m:	3:47.22 41.23	400m:	5:08.40 40.18
23.	PETR, Jana		95	Scso				<b>5:12.68</b>	451
	50m:	34.11 34.11	150m:	1:52.55	39.58	250m:	3:13.62 40.73	350m:	4:34.86 40.83
	100m:	1:12.97 38.86	200m:	2:32.89	40.34	300m:	3:54.03 40.41	400m:	5:12.68 37.82
24.	OSKAM, Aileen		96	Schwimmclub Aarefisch				<b>5:14.19</b>	445
	50m:	35.00 35.00	150m:	1:52.88	39.59	250m:	3:12.96 40.26	350m:	4:34.55 40.90
	100m:	1:13.29 38.29	200m:	2:32.70	39.82	300m:	3:53.65 40.69	400m:	5:14.19 39.64
25.	REINHARD, Chantal		94	Svbs				<b>5:17.38</b>	432
	50m:	34.57 34.57	150m:	1:53.03	40.02	250m:	3:15.14 41.19	350m:	4:37.54 41.09
	100m:	1:13.01 38.44	200m:	2:33.95	40.92	300m:	3:56.45 41.31	400m:	5:17.38 39.84
26.	LAUBE, Larina		96	Biel				<b>5:22.05</b>	413
	50m:	35.89 35.89	150m:	1:58.31	41.18	250m:	3:20.64 40.44	350m:	4:42.69 40.73
	100m:	1:17.13 41.24	200m:	2:40.20	41.89	300m:	4:01.96 41.32	400m:	5:22.05 39.36
27.	BRÜGGER, Rita		95	Lang				<b>5:22.26</b>	412
	50m:	35.51 35.51	150m:	1:56.24	41.04	250m:	3:19.85 42.03	350m:	4:42.28 40.52
	100m:	1:15.20 39.69	200m:	2:37.82	41.58	300m:	4:01.76 41.91	400m:	5:22.26 39.98
28.	WILCZEK, Lena		95	SVB				<b>5:22.28</b>	412
	50m:	32.40 32.40	150m:	1:52.84	42.13	250m:	3:15.78 40.76	350m:	4:41.73 43.47
	100m:	1:10.71 38.31	200m:	2:35.02	42.18	300m:	3:58.26 42.48	400m:	5:22.28 40.55
29.	JAGGI, Ramona		94	Scso				<b>5:22.83</b>	410
	50m:	33.29 33.29	150m:	1:52.08	40.48	250m:	3:15.79 42.69	350m:	4:41.03 42.71
	100m:	1:11.60 38.31	200m:	2:33.10	41.02	300m:	3:58.32 42.53	400m:	5:22.83 41.80
30.	AEBI, Cassandra		96	Schwimmclub Liestal				<b>5:29.55</b>	386
	50m:	32.94 32.94	150m:	1:54.91	42.64	250m:	3:21.74 42.41	350m:	4:50.45 43.91
	100m:	1:12.27 39.33	200m:	2:39.33	44.42	300m:	4:06.54 44.80	400m:	5:29.55 39.10
31.	BAUM, Jeruscha		95	Biel				<b>5:31.59</b>	379
	50m:	34.95 34.95	150m:	1:56.60	41.38	250m:	3:22.77 43.53	350m:	4:48.90 43.11
	100m:	1:15.22 40.27	200m:	2:39.24	42.64	300m:	4:05.79 43.02	400m:	5:31.59 42.69
32.	RYTER, Alissa		95	Vevey-Natation				<b>5:35.26</b>	366
	50m:	36.66 36.66	150m:	2:00.43	42.76	250m:	3:27.89 43.81	350m:	4:54.79 43.72
	100m:	1:17.67 41.01	200m:	2:44.08	43.65	300m:	4:11.07 43.18	400m:	5:35.26 40.47
33.	WEBER, Alina Sarah		95	SVB				<b>5:35.71</b>	365
	50m:	37.87 37.87	150m:	2:03.20	43.43	250m:	3:29.20 43.33	350m:	4:54.49 42.37
	100m:	1:19.77 41.90	200m:	2:45.87	42.67	300m:	4:12.12 42.92	400m:	5:35.71 41.22
34.	FREY, Delia		96	All				<b>5:40.55</b>	349
	50m:	36.84 36.84	150m:	2:03.11	44.01	250m:	3:31.24 44.49	350m:	4:58.44 43.63
	100m:	1:19.10 42.26	200m:	2:46.75	43.64	300m:	4:14.81 43.57	400m:	5:40.55 42.11
35.	ISLER, Selina		96	Sceg				<b>5:46.81</b>	331
	50m:	36.76 36.76	150m:	2:02.49	44.19	250m:	3:32.97 45.44	350m:	5:03.42 44.48
	100m:	1:18.30 41.54	200m:	2:47.53	45.04	300m:	4:18.94 45.97	400m:	5:46.81 43.39
36.	GRAF, Silvia		95	Scap				<b>5:58.84</b>	299
	50m:	39.37 39.37	150m:	2:09.54	45.98	250m:	3:43.55 47.24	350m:	5:16.11 45.67
	100m:	1:23.56 44.19	200m:	2:56.31	46.77	300m:	4:30.44 46.89	400m:	5:58.84 42.73

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Rang			Jg.					Zeit	Pkt.
37.	HÜGIN, Noémie		95	SVB				<b>6:02.08</b>	291
	50m:	38.79 38.79	150m:	2:09.20	46.58	250m:	3:43.39 47.53	350m:	5:19.01 47.39
	100m:	1:22.62 43.83	200m:	2:55.86	46.66	300m:	4:31.62 48.23	400m:	6:02.08 43.07
38.	FEIKE, Jasmin		96	Scap				<b>6:30.14</b>	232
	50m:	41.44 41.44	150m:	2:19.23	49.80	250m:	3:59.86 50.25	350m:	5:41.05 50.47
	100m:	1:29.43 47.99	200m:	3:09.61	50.38	300m:	4:50.58 50.72	400m:	6:30.14 49.09
17 Jahre und älter									
1.	OESTRINGER, Cherele		91	Biel				<b>4:18.83</b>	796
	50m:	29.83 29.83	150m:	1:34.54	32.57	250m:	2:40.68 33.03	350m:	3:46.88 33.09
	100m:	1:01.97 32.14	200m:	2:07.65	33.11	300m:	3:13.79 33.11	400m:	4:18.83 31.95
2.	HELLINGA, Anouk		91	Schwimmverein Emmen				<b>4:28.25</b>	715
	50m:	30.34 30.34	150m:	1:37.66	34.43	250m:	2:45.58 33.72	350m:	3:54.58 34.78
	100m:	1:03.37 33.03	200m:	2:11.86	34.20	300m:	3:19.80 34.22	400m:	4:28.25 33.67
3.	SCHEURMEISTER, Andrea		91	Skbe				<b>4:36.07</b>	656
	50m:	30.33 30.33	150m:	1:38.58	34.43	250m:	2:48.21 35.05	350m:	4:00.08 36.02
	100m:	1:04.15 33.82	200m:	2:13.16	34.58	300m:	3:24.06 35.85	400m:	4:36.07 35.99
4.	MATTMANN, Yvonne		92	Skbe				<b>4:38.04</b>	642
	50m:	31.61 31.61	150m:	1:41.07	35.26	250m:	2:51.88 35.58	350m:	4:04.04 35.95
	100m:	1:05.81 34.20	200m:	2:16.30	35.23	300m:	3:28.09 36.21	400m:	4:38.04 34.00
5.	GRAF, Martina		90	Schwimmclub Birsfelden				<b>4:38.23</b>	641
	50m:	30.07 30.07	150m:	1:39.48	35.56	250m:	2:51.43 36.20	350m:	4:03.87 36.01
	100m:	1:03.92 33.85	200m:	2:15.23	35.75	300m:	3:27.86 36.43	400m:	4:38.23 34.36
6.	LEUTHARD, Fabienne		92	Schwimmklub Langenthal				<b>4:39.24</b>	634
	50m:	31.32 31.32	150m:	1:41.36	35.36	250m:	2:52.53 35.58	350m:	4:04.63 36.10
	100m:	1:06.00 34.68	200m:	2:16.95	35.59	300m:	3:28.53 36.00	400m:	4:39.24 34.61
7.	CHÉTELAT, Naïma		91	Biel				<b>4:39.82</b>	630
	50m:	31.25 31.25	150m:	1:40.93	35.11	250m:	2:51.76 35.75	350m:	4:04.05 36.08
	100m:	1:05.82 34.57	200m:	2:16.01	35.08	300m:	3:27.97 36.21	400m:	4:39.82 35.77
8.	MANZONI, Isabella		87	Schwimmclub Birsfelden				<b>4:40.72</b>	624
	50m:	30.23 30.23	150m:	1:38.84	35.00	250m:	2:51.87 36.56	350m:	4:05.00 36.44
	100m:	1:03.84 33.61	200m:	2:15.31	36.47	300m:	3:28.56 36.69	400m:	4:40.72 35.72
9.	NEESER, Nathalie		91	Biel				<b>4:42.65</b>	611
	50m:	32.05 32.05	150m:	1:43.53	36.14	250m:	2:55.22 35.84	350m:	4:07.67 36.22
	100m:	1:07.39 35.34	200m:	2:19.38	35.85	300m:	3:31.45 36.23	400m:	4:42.65 34.98
10.	SCHMITZ, Sandra		86	Schwimmklub Langenthal				<b>4:43.35</b>	607
	50m:	32.32 32.32	150m:	1:42.55	35.59	250m:	2:54.72 36.07	350m:	4:07.66 36.46
	100m:	1:06.96 34.64	200m:	2:18.65	36.10	300m:	3:31.20 36.48	400m:	4:43.35 35.69
11.	WÜRSTEN, Solange		92	Biel				<b>4:43.40</b>	606
	50m:	30.83 30.83	150m:	1:41.12	36.00	250m:	2:53.90 36.62	350m:	4:07.84 36.88
	100m:	1:05.12 34.29	200m:	2:17.28	36.16	300m:	3:30.96 37.06	400m:	4:43.40 35.56
12.	LANDOLT, Nicole		88	Schwimmklub Langenthal				<b>4:48.29</b>	576
	50m:	32.43 32.43	150m:	1:44.06	36.33	250m:	2:58.50 37.14	350m:	4:11.94 37.00
	100m:	1:07.73 35.30	200m:	2:21.36	37.30	300m:	3:34.94 36.44	400m:	4:48.29 36.35
13.	FARNHAM, Stéphanie		91	Vevey-Natation				<b>4:50.94</b>	560
	50m:	32.21 32.21	150m:	1:45.23	37.19	250m:	2:59.53 36.50	350m:	4:15.67 38.27
	100m:	1:08.04 35.83	200m:	2:23.03	37.80	300m:	3:37.40 37.87	400m:	4:50.94 35.27
14.	CARMONA, Louisa		92	Vevey-Natation				<b>4:56.03</b>	532
	50m:	33.29 33.29	150m:	1:47.18	37.44	250m:	3:02.78 37.55	350m:	4:19.54 38.14
	100m:	1:09.74 36.45	200m:	2:25.23	38.05	300m:	3:41.40 38.62	400m:	4:56.03 36.49
15.	LAUBSCHER, Nadine		92	Srm				<b>4:56.50</b>	529
	50m:	32.35 32.35	150m:	1:46.41	37.50	250m:	3:02.60 38.23	350m:	4:19.83 38.61
	100m:	1:08.91 36.56	200m:	2:24.37	37.96	300m:	3:41.22 38.62	400m:	4:56.50 36.67

Internationales Oktober-Meeting  
Allschwil, 24. - 25.10.2009

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Wettkampf 2, Damen, 400m Freistil, 17 Jahre und älter

Rang			Jg.					Zeit	Pkt.			
16.	HELFENSTEIN, Dominique		91	Schwimmverein Emmen				<b>4:56.70</b>	528			
	50m:	34.18	34.18	150m:	1:48.89	37.82	250m:	3:03.78	36.99	350m:	4:19.49	37.95
	100m:	1:11.07	36.89	200m:	2:26.79	37.90	300m:	3:41.54	37.76	400m:	4:56.70	37.21
17.	MOHR, Rebecca		89	SVB				<b>5:00.33</b>	509			
	50m:	33.69	33.69	150m:	1:49.38	38.45	250m:	3:06.64	39.02	350m:	4:24.06	38.23
	100m:	1:10.93	37.24	200m:	2:27.62	38.24	300m:	3:45.83	39.19	400m:	5:00.33	36.27
18.	FRIES, Julie		92	Vevey-Natation				<b>5:23.09</b>	409			
	50m:	34.53	34.53	150m:	1:53.96	40.47	250m:	3:16.97	41.99	350m:	4:41.89	42.20
	100m:	1:13.49	38.96	200m:	2:34.98	41.02	300m:	3:59.69	42.72	400m:	5:23.09	41.20